

Dream Big Journal – Starting Instructions

First Section of Dream Big Journal – My Big Dream | Sammy's Big Dream Storybook

- 1. Create a front cover for your Dream Big Journal. Include the following:
 - a. Top of Journal | Write the following Sammy quote:
 - "Dream and do big, one step at a time!" -Sammy Rabbit

You may want to substitute and use a "penny" for the word "one"

- b. Middle of Journal | Write you name followed by the words "Dream Big Journal"
- c. Bottom of Journal | Write the date
- d. Add any drawings, colors or other items you like
- e. See Exhibit #1 Sample of Dream Big Journal Cover
- 2. Used the enclosed template to create a back cover for your Dream Big Journal. Include the following:
 - a. Top of Journal | Write the following Sammy quote:
 - b. Middle of Journal | Write Sammy's 12 Steps for Making Big Dreams Come True!
 - c. Add any drawings, colors or other items you like
 - d. See Exhibit #2 Sample of Back Cover & Template
- 3. Read Sammy's Big Dream Storybook, IF, you have not already read it
- 4. Complete review of Sammy's Big Dream, IF you have not already discussed it
 - a. See Exhibit #3 Sammy's Big Dream Story Review Discussion Questions
- 5. Complete the Dream Big Statement and Goal Sheet
 - a. See Exhibit #4 Sample of Dream Big Statement and Goal Sheet
- 6. Sign the Dream Big Pledge or rewrite and design your own pledge
 - a. See Exhibit #5 Sample of Dream Big Pledge
- 7. Review Key Vocabulary Sammy's Big Dream Storybook. Complete Key Word Activity Sheets
 - a. See Exhibit #6 & 7 Sample of Key Words & Activity Sheet



- 8. Complete Keyword and Definition Match Sammy's Big Dream Storybook a. See Exhibit #8 Sample of Keyword and Definition Match
- 9. Complete Clueless Crossword Puzzle Sammy's Big Dream Storybook a. See Exhibit #9 Sample of Clueless Crossword Puzzle
- Complete Word Search Sammy's Big Dream Storybook
 See Exhibit #10 Sample of Word Search
- 11. Complete Measurement and Budget Activity Sheet Sammy's Big Dream Storybook a.See Exhibit #11 Sample of Measurement & Budget Activity Sheet
- 12. Go to DreamBigDay.net for more activities

Second Section of Dream Big Journal | Sammy's 12 Steps to Make Big Dreams Come True!

1. Create a section divider for your Dream Big Journal. Write the words:

Sammy Rabbit's 12 Steps to Make Big Dreams Come True!

Be creative!

- a. See Exhibit #12 Sample Divider
- 2. Sammy Rabbit's 12 Steps to Make Big Dreams Come True!
 - a. Insert 12 Step template in journal. See Exhibit #13 Bookmarks
 - b. Write the 12 Steps. See Exhibit #14 Sample of writing
- 3. Arts and Crafts Make either a bookmark or door hanger with Sammy Rabbit's 12 Steps to Make Big Dreams Come True!





Third Section of Dream Big Journal | Step 1 Dream Big

1. Create a section divider for your Dream Big Journal. Write the words:

Step 1 Dream Big

a. See Exhibit #14 - Sample of Divider

Download templates for the following activities at DreamBigDay.net

- 2. Read and place Big Ol' Dream lyrics in journal.
- 3. Listen to the song Big Ol' Dream! (online or CD)
- 4. Review Key Vocabulary for the song Big Ol' Dream. Complete Key Word Activity Sheets
- 5. Complete Keyword and Definition Match Big Ol' Dream Song
- 6. Complete Clueless Crossword Puzzle Big Ol' Dream Song
- 7. Complete Word Search Big Ol' Dream Song
- 8. Complete Mystery Phrase and Maze Big Ol' Dream Song
- 9. Arts and Crafts. TBD
- 10. For Dream Big Steps 2-12 repeat the instructions in this section 1-8. Go to DreamBigDay.net for arts & crafts ideas for each step.



Add a Special Section to Your Dream Big Journal | Journaling

1. Create a section divider for your Dream Big Journal. Write the words:

Journal

- a. See Exhibit #15 Sample of Divider
- 2. Write and respond to questions about your big dreams and goals a. See Exhibit #16 Sample Journal Questions
- 3. Use this section of your journal to write about your big dreams and goals

Add More Sections to Your Dream Big Journal

1. Go to DreamBigDay.net for more instructions, templates and activities for your Dream Big

Journal!





Exhibit #1 - Dream Big Journal Cover

Sample. Use use a blank paper to create your own cover.

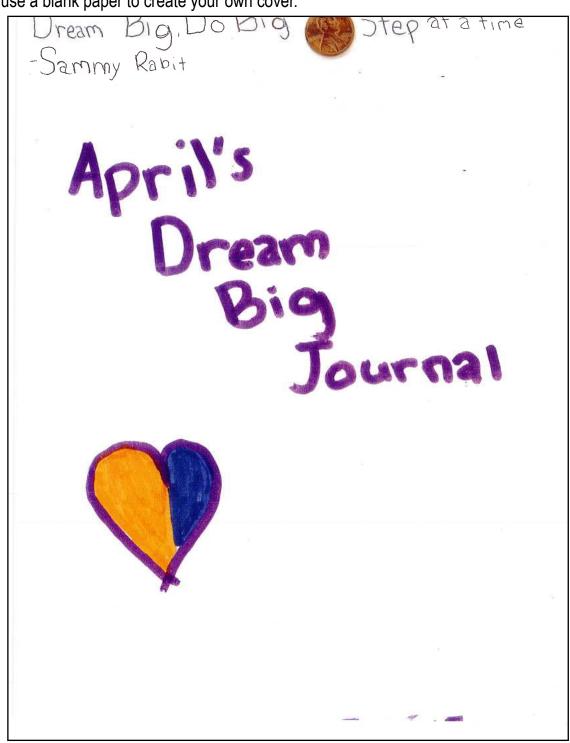
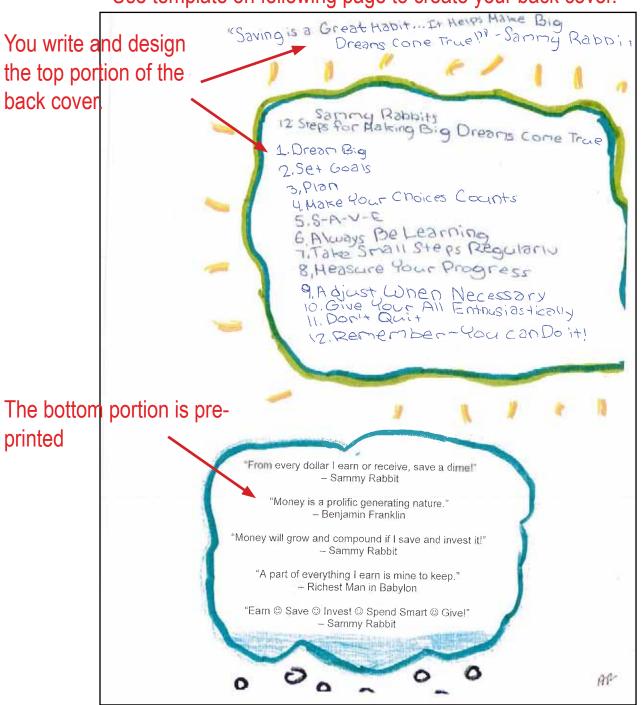






Exhibit #2 - Dream Big Journal Back Cover

Use template on following page to create your back cover.



"From every dollar I earn or receive, save a dime!" -Sammy Rabbit

"Money is of a prolific generating nature."
-Benjamin Franklin

"Money will grow and compound if I save and invest it!" -Sammy Rabbit

"A part of everything I earn is mine to keep."
-Richest Man in Babylon

"Earn ★ Save ★ Invest ★ Spend Smart ★ Give!"
-Sammy Rabbit





Exhibit #3 - Sammy's Big Dream Story Review Discussion QuestionsReview Sammy's Plan, Strategies, and Results to Make His Big Dream Come True!

1. What	was Sammy's big dream ?
2. What	was Sammy's plan and goal ?
3. What	was Sammy's revised plan ?
his big di a b c c (; d e f. g h c	are some of the important steps , strategies , actions and choices Sammy made that helped him make ream come true? Do you agree or disagree with the following statements: a. He believed it was possible to make the dream come true. Agree Disagree b. He started thinking about and planning steps, strategies, actions he could take to make his big dream come true. Agree Disagree c. Sammy had already chosen to make a habit of saving money and had \$50 in his savings account or 1/3 33 1/3 percent) of the money he needed. Agree Disagree d. He stayed focused on his goal and worked hard earning money. Agree Disagree e. He chose not play with friends. Agree Disagree b. He worked and collaborated with a friend who had similar goals and beliefs. Agree Disagree c. He discussed his challenges with wiser, more experienced people. Agree Disagree d. Although he got discouraged, Sammy remained determined to keep working toward his goal and decided not to give up. Agree Disagree d. He chose not to spend the money he earned or his savings on some of his favorite things like baseball caps, ice cream and candy. Agree Disagree
you agre	would you describe Sammy's attitude ? Provide an example from the story to support your thinking? Do see or disagree with the following statements:
b c	a. Sammy was positive and confident. He believed in himself. Agree Disagree b. Sammy was enthusiastic. Agree Disagree c. Sammy was hard working. Agree Disagree d. Sammy was thoughtful and giving. Agree Disagree





Exhibit #4 - Dream Big Statement & Goal Sheet

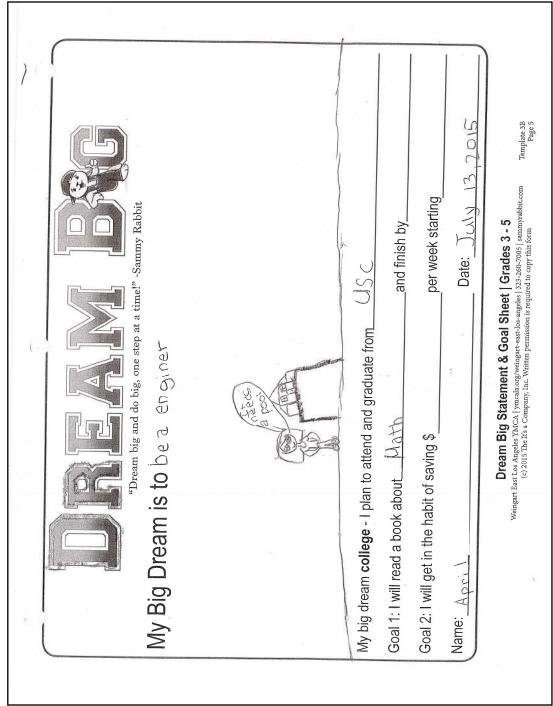






Exhibit #5 - Dream Big Pledge





Exhibit #6 - Key Words

Word: Dream

Definition: Things we think about and want to accomplish in the future

Synonym: Goal – Desire – Ambition

Sentence: Sammy I know this is one of your big dreams.

Word: Save

Definition: To hold onto or put away for another time

Synonym: Store – Put away – Hold onto Sentence: Sammy can save the money.

Word: Savings Account

Definition: A record or statement of money a person has stored at a bank or credit union to use later

Synonym: Not applicable

Sentence: I already have fifty dollars in my savings account.

Word: Habit

Definition: An action or behavior we repeat regularly

Synonym: Repeat – Pattern – Routine Sentence: Saving is a great habit!

Word: Earn

Definition: To work for Synonym: Work – Make

Sentence: If I earn and save one dollar a day, I can go.

Word: Work

Definition: Use mental energy or effort to accomplish something

Synonym: Labor - Do - Carry out

Sentence: I worked and saved every day for weeks.





Exhibit #6 - Key Words (Cont.)

Word: Money

Definition: Coins or bills used to trade, exchange for, or buy things

Synonym: Cash - Funds - Bucks

Sentence: Maybe Sammy can save the money.

Word: Goal

Definition: Result or outcome one works or aims for

Synonym: Target – Aim – Ambition

Sentence: Keep working toward your goal.

Word: Plan

Definition: A strategy or steps for achieving a goal

Synonym: Strategy – Steps – Map Sentence: I had to make a plan.

Word: Buy

Definition: To trade or exchange money to get something we want or need

Synonym: Purchase – Acquire – Spend

Sentence: I decided to say no to buying some of my favorite things.

Word: Give

Definition: To provide someone with something without expecting anything in return

Synonym: Provide – Supply - Transfer

Sentence: Jammer, I have twenty five dollars I can give you.

Word: Opportunity

Definition: A good chance or possibility to do something

Synonym: Chance - Possibility

Sentence: I began to daydream about the fantastic news and opportunity to make a big dream come true.





Exhibit #7 - Sample Key Word Activity

Use template on following page to create your key word activity.

200 10	inplace of following page to create your key word activity
100	Sammy's Big Dream Key Word Dictionary
	Name <u>April</u>
	KeyWord Saving Account
1.00	Definition A record or statement of
	money a person has store in a bant
	Synonyms No Synonyms
	Sentence Saving Account is where
	I store money I have over
	300 dollars
	2
= ,	
1	



Key Word Activity

Name:	Date:
Key Word:	
Definition:	
Synonyms:	
Sentence:	





Exhibit #8 - Sample Keyword & Definition Match

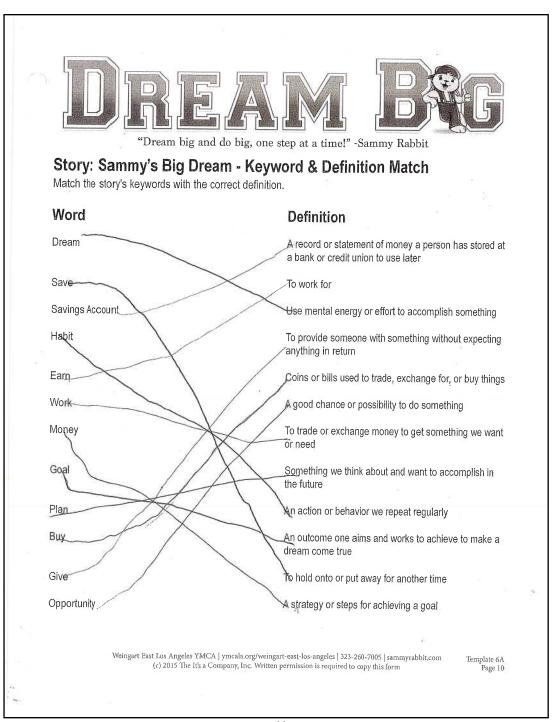






Exhibit #9 - Sample Clueless Crossword Puzzle

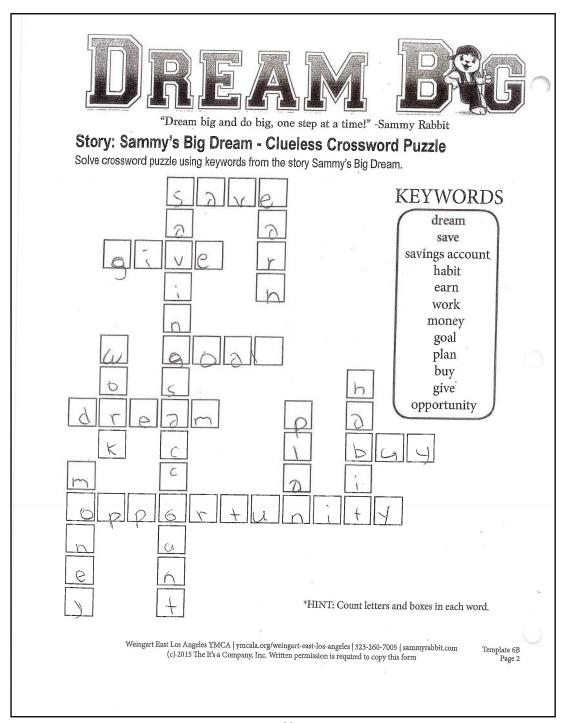






Exhibit #10 - Sample Word Search

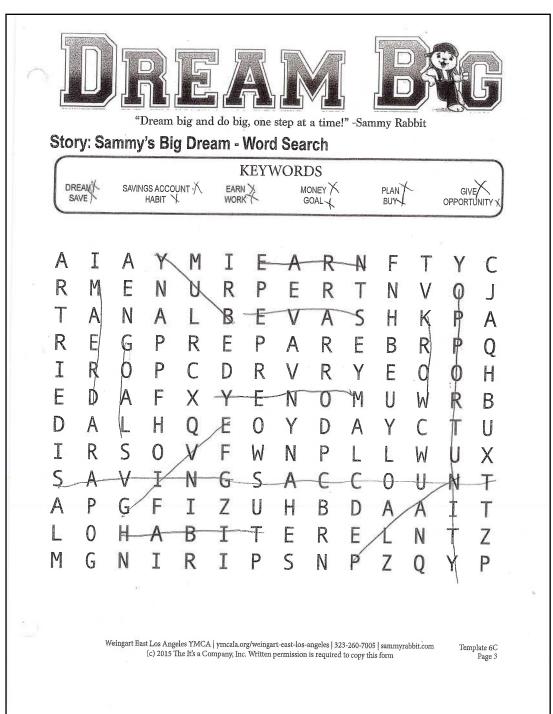






Exhibit #11 - Sample Measurement & Budget Activity

	•	itsar	laloitl ^a)	
	"Dream and Do	o Big, One Step	at a Time!" –S	ammy Rabbit	
Session 2 Dream Big, S	tory, Part 2 Re	view Key Conce	pts Activity #	#3 Measurer	nent Worksheet
Let's Plan – T	rack – Measure S	Sammy's Dream	, Goal, and Mo	ney Sammy'	s Plan-Budget
	Key	y Questions and	Measurement	<u>:s</u>	O
 What was Sammy Did Sammy's big of What was Sammy When did Sammy What was Sammy Sammy actually do 	dream inspire hin 's money goal? \$ need to reach/a ' starting point? I	m to make great 100 /300 chieve his goal t How and where	choices? Yes _ oy or before? _ was Sammy p	100 day	±36
Sources of Money	Start	Goal / END Amount Needed	Difference / Start & END Amount to Reach Goal	Final Amount	Difference / Goal & Final Amount
urrent Savings	<u> </u>	\$ 6	\$ 3 60	\$	\$
Parents	\$ 150	\$	\$ 6	\$150	\$
New Earning & Savings		\$ 100	\$100	\$ 200	\$
otal	\$700	\$ 100	\$100	\$350	\$
6. What money choic received?	es did Sammy m	ake? How did Sa	ammy manage	and use the m	noney he earned and
Total Amount of M	oney			\$350.	00
Money to Keep in S		\$ 25			
Money to Spend on Dream (Roller Coaster)				\$300	
Money to Give to C		s7F			
7. Did Sammy's choice 8. What is something	es pay off? Ye	etter to improve	e?	7	<u> </u>

Exhibit #12 - Sample of Divider

SAMMY RABBIT'S 12 STEPS TO MAKE BIG DREAMS COME TRUE!





Exhibit #13 - Bookmarks

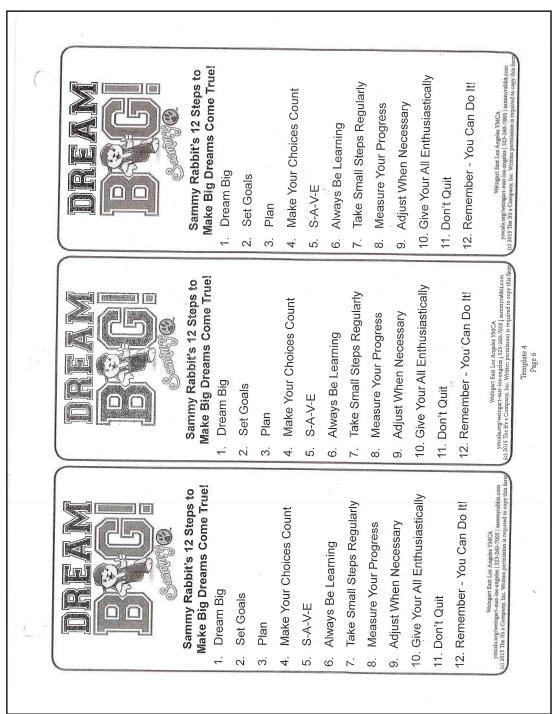






Exhibit #14 - Sample of Sammy Rabbit's 12 Steps

Sample.

Sammy Rabbit's Step 1: Dream Big Dream Come True & Step 2: Set Goals Step3: Have a writer plan Step4: Hake Your Choices count SED 5:S-A-V-E "Saving is a great habit Step 6: Always Be Learning Step7: Take Small Steps Regularly Step 8: Measure your Progress Step10: Give Your All Enthusiastically Step11: Don't Quit Step12: Remember - You can Do Ity

Exhibit #14 - Sample of Divider

STEP 1: DREAM BIG

Exhibit #15 - Sample of Divider

JOURNAL





Exhibit #16 - Samples Journal Questions to Write About Sample.

